

Tao Qi Massage Therapy



Therapist Biography

Name: Annie McCracken

Date: Nov 2008

Hometown: San Francisco, CA

Why did you become a massage therapist? Was curious at first, now being a therapist

I find it quite rewarding in all aspects.

Where did you go to school? Institute of Health & Healing

How long have you been practicing massage? 2 years

Favorite modalities/ area of expertise: Ashiatsu Oriental Bar Therapy & Swedish

Massage modalities/techniques you want to learn more about: Watsu therapy, (I love being in the water) & Lomi Lomi

Favorite saying or quote: Girl Scout Motto – “Always be prepared”

Hobbies: Photography, Scrapbooking & gardening

Favorite restaurants/foods: ”Chocolate!”

Favorite places to visit/travel: Love to explore more of Europe & Asia, but still looking for the ultimate beach.

Tao Qi Massage Therapy



Therapist Biography

Name: Deanna Saddem Date: 4/2010

Hometown: Los Angeles California Family Status Married

Children: YES/NO How Many? 6

Why did you become a massage therapist? 1st to be able to spend more time with my family. 2nd I find pleasure in helping others. Finally, to be able to set my own schedule and to be self employed.

Where did you go to school? Averett University and Everest Institute

How long have you been practicing massage? 5 years

Favorite modalities/ area of expertise: Swedish/Deep tissue/Reflexology

Massage modalities/techniques you want to learn more about: Thai Massage is one but there are so many more interesting modalities out there I want to someday learn.

Favorite saying or quote: Nothing is worth losing my sanity over! & My possibilities are endless. & Change is a blessing I am working toward.

Hobbies: Reading, Crochet, Sports (watching more than participating nowadays)

Favorite restaurants/foods: Salsa's Mexican Restaurant

Favorite places to visit/travel: New York is my favorite so far

If you could have lunch with one person (dead or alive), who would it be and why? _____

My mother, because I don't get to spend as much time with her as I'd like.

Tao Qi Massage Therapy



Therapist Biography

Name: Edicia (Edika) Dowden Date: July 2010

Hometown: Hampton, VA Children: YES/NO How Many? 3

Why did you become a massage therapist? To help educate other about alternative healing. (Medicine)

Where did you go to school? Thomas Nelson Community College, & Kee Business College (Everest)

How long have you been practicing massage? 3 Years

Favorite modalities/ area of expertise: No favorite; Interested in and love all

Massage modalities/techniques you want to learn more about: All Modalities & techniques

Favorite saying or quote: "Everything happens for a reason"

Hobbies: Shopping and being supportive of my children with there sports and modeling activities.

Favorite restaurants/foods: Phi's homemade Banana nut bread

Favorite places to visit/travel: Beaches

If you could have lunch with one person (dead or alive), who would it be and why? My grandmother on my father's side, to ask her why she never told my father about me.

Tao Qi Massage Therapy



Therapist Biography

Name: Gene Anthony Date: 6/2009

Hometown: Poquoson Children: YES/NO How Many? 1

Why did you become a massage therapist? The challenge, art and creativity, freedom along with the opportunity to help heal and promote healthy clients.

Where did you go to school? PHS, Tidewater Tech, Everest Institute

How long have you been practicing massage? 2 years

Favorite modalities/ area of expertise: Raindrop Therapy and Reflexology

Massage modalities/techniques you want to learn more about: Ayurveda "Shiradhara"

Hypnotherapy, Healing Touch

Favorite saying or quote: It's ok to fall; it's what you do to get back up that matters.

Hobbies: Fishing, camping (hiking), Bowling

Favorite restaurants/foods: Italian – yes, just like Garfield, Seafood, sushi

Favorite places to visit/travel: Various mountains for camping, places not yet ventured

But will update, the Ocean Serenity)

If you could have lunch with one person (dead or alive), who would it be and why? My

Grandfather and my son, so my son could know what a great line he comes from.

Tao Qi Massage Therapy



Therapist Biography

Name: Regina Quinn Date: 7/2010

Hometown: New York Family Status: Single

Children: (optional) YES/NO How Many? 2

Why did you become a massage therapist? My health was profoundly improved by
massage so I became a massage therapist to help others.

Where did you go to school? The New York College of Professions – Formerly –
Center for Holistic Health & Research

How long have you been practicing massage? 12 years

Favorite modalities/ area of expertise: Eastern Body Work & My signature Massage
“Zen Man and Sacred Woman”

Massage modalities/techniques you want to learn more about: Just certified in Ashiatsu
so perfecting my skills in that.

Favorite saying or quote: “There is growth in the valleys, not in the hills.

Hobbies: Reading, writing, inventing new massages, poetry, nature, walking,
photography, cooking for family.

Favorite restaurants/foods: Thai, Indian, Italian, Breakfast food.

Favorite places to visit/travel: Would love to visit Thailand, Asia, Japan, New Zealand,
Greece, Hawaii (Love New York

If you could have lunch with one person (dead or alive), who would it be and why? _____

Jesus, so I could experience his calm as an example on how to have and share a meal
with someone who appreciates food as a gift from nature as I do.

Tao Qi Massage Therapy



Therapist Biography

Name: Kerri-Lyn Francis Date: July 2009

Hometown: New England

Why did you become a massage therapist? I lost a bet to a dear friend and was asked to pursue an unknown gift. Only after I lost that dear friend, I pursued what is now a passion and a tribute on this long life journey.

Where did you go to school? URI

How long have you been practicing massage? 8 years

Favorite modalities/ area of expertise: Deep Tissue and Medical Massage although ashatsu has become fun for both the client and myself.

Massage modalities/techniques you want to learn more about: "TBM" Chinese Medicine is becoming more and more accepted in the American culture and it is only a matter of time before insurance companies catch on.

Favorite saying or quote: "Two roads diverge into wood and I chose the one less traveled by and that has made all the difference." -"The ones who are successful in life did not get there by comfortable.

Hobbies: Work is not work to me, I love to teach and guide other and provide encouragement to those on their path. I am also a huge sports enthusiast on and off the playing real.

Favorite restaurants/foods: Home cooking

Favorite places to visit/travel: Every place traveled has a unique significance that helped me to get where I am presently.

If you could have lunch with one person (dead or alive), who would it be and why? _____

My dear friend to say THANK YOU!!!

Tao Qi Massage Therapy



Therapist Biography

Name: Phi Troung Date: 11/2008

Hometown: Pittsburgh, PA Family Status Single

Why did you become a massage therapist? I wanted to receive a massage every day.

Where did you go to school? Institute of Health and Healing

How long have you been practicing massage? 4years

Favorite modalities/ area of expertise: Thai, Ashiatsu, Shiatsu

Massage modalities/techniques you want to learn more about: Any modalities dealing with eastern medicine

Favorite saying or quote: A setback is setup for a comeback

Hobbies: Snow boarding, bike riding, shooting, getting massaged, of course make money and helping people.

Favorite restaurants/foods: Everthing!

Favorite places to visit/travel: Every where that I can learn from, history, amazing architecture and lifestyle

If you could have lunch with one person (dead or alive), who would it be and why?

My grandfather on moms side because he passed before I was able to meet him.