

EAT IN MENU

Welcome to

LIGHT OF BENGAL

TANDOORI RESTAURANT

Fully Licensed & Air Conditioned



286-288 Aigburth Road,
Liverpool L17 9PW

0151 728 7030

OPEN EVERY DAY INCLUDING HOLIDAYS
5PM TO 12 MIDNIGHT

STARTER

1. Aloo Chat £3.50
Potatoes cooked with herbs and spices, served with puri.
2. Chicken Chat £4.50
Spicy Chicken cooked with herbs and served with a puri.
3. Chicken Pakora £3.95
Chicken tikka cubes fried in Chef's special selected spices and herbs.
4. Chicken Tikka £3.75
Chicken marinated in spiced sauce and cooked in tandoori.
5. Keema Puri £3.95
6. Lamb Tikka £3.95
7. Mixed Kebab £4.75
Combination of Onion Bhaji, Samosa and Sheekh Kebab.
8. Mushroom Puri £3.75
9. Onion Bhaji £3.25
10. Onion Pakora £3.25
11. Reshmi Kebab £3.95
Chicken rolls marinated in herbs and spices, cooked in Tandoori.
12. Shami Kebab £3.95
Minced lambs mixed with onions, herbs and spices, roasted with eggs on skewers.
13. Sheikh Kebab £3.75
Minced Lamb mixed with onions, herbs and spices and roasted on skewers.
14. Samosa (Meat/Vegetable) £3.25
Triangular shaped savoury, filled with minced meat or vegetables.
15. Stuffed Mushrooms £3.75
Stuffed with minced meat, covered with breadcrumbs.
16. Tandoori Chicken £3.75
Chicken marinated in yoghurt, herbs and spices, cooked in Tandoori.
17. Tandoori Lamb Chops £4.95
Spring lamb chops marinated in yoghurt, herbs and spices, cooked in Tandoori.

FISH SPECIALS

18. Indian Fish Bhaji £4.45
Pieces of Indian fish fried in onions and herbs.
19. King Prawn Butterfly £5.45
Delicately spiced king prawns served in the shape of a butterfly.
20. King Prawn Puri £5.45
King prawns cooked with herbs and spices served with puri.
21. Prawn Cocktail £3.25
Small prawns are served with lettuce, cucumber, tomatoes, lemons and cocktail sauce.
22. Prawn Puri £4.45
Prawns cooked in a spicy medium sauce, served with a puri.
23. Rupchandra Fry £5.25
Excellent fish caught from the Bay of Bengal which is fried with onions, herbs and tomatoes.
24. Salmon Fish Tikka £4.45
Fried onions and herbs.
25. Trout Tandoori £4.45
Trout fishes are specially cooked in Tandoori.

SOUP SPECIALS

26. Chicken Soup £2.45
27. Dal Soup £2.75
28. Mulligatawny Soup £2.75
29. Tomato Soup £2.45

The following dishes exclude the price of rice and chips

TANDOORI SPECIALS

All dishes are served with salad and curry sauce.

30. Persian Kebab Special £7.50
Fillets of chicken marinated lightly in herbs, spices, onions, garlic and ginger, cooked on skewers.
31. Shaslik (Chicken Tikka/Lamb Tikka) £8.95
Pieces of chicken/lamb prepared with capsicum, onion and tomatoes on skewers, cooked in tandoori.
32. Tandoori Chicken £7.75
Spring chickens marinated in yoghurt with delicate herbs and spices are barbecued on skewers in tandoori.
33. Tandoori Cocktail £9.95
Combination of tandoori chicken, lamb tikka, chicken tikka and sheikh kebab.
34. Tandoori Lamb Chops £9.75
Lamb marinated with yoghurt, herbs and spices cooked on skewers over flaming charcoal.
35. Tikka (Chicken/Lamb) £7.75
Pieces of chicken/lamb marinated with touch of herbs and spices, cooked on skewers in tandoori.

FISH DISHES

36. King Prawn Tikka £14.95
King prawn marinated with a touch of herbs and spices, cooked over flaming charcoal on skewers.
37. Rupchanda Fry Whole fish cooked in special recipe... £10.95
38. Salmon Fish Tikka Marinated in Spices £8.95
39. Trout Tandoori
2 whole fish cooked over flaming charcoal £8.95

BALTI DISHES

Medium spiced dishes cooked in our own ratio of spices and herbs with fresh coriander, garlic, ginger and tomatoes.

40. Balti (Beef/Chicken/Lamb/Prawn) £7.75
41. Tikka Balti £7.95

BHUNA DISHES

Highly flavoured and dry dishes cooked with tomatoes, capsicum, onion and green peppers.

42. Bhuna (Beef/Chicken/Lamb/Prawn) £7.45
43. Tikka Bhuna £7.95

ACHARI DISHES

An authentic dish cooked with garlic, tamarind, garlic and a special sauce. Highly recommended by the chef.

44. Tandoori Chicken/Lamb £10.95
45. King Prawn £13.95

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BIRYANI SPECIALS

A royal dish amongst all exotic rice dishes, where items of choice are prepared with Pilau rice, sultanas, tomatoes, fried onions and topped with an omelette, cucumber and served with vegetable curry sauce.

46. Beef Biryani	£8.95
47. Chicken Biryani	£8.95
48. Chicken Tikka Biryani	£9.45
49. King Prawn Biryani	£13.95
50. Lamb Biryani	£8.95
51. Prawn Biryani	£8.95
52. Vegetable Biryani	£6.95

CHEF'S CURRY RECOMMENDATION

53. Akbori Massala	£8.95
Filet of chicken, lightly marinated in herbs, spices, onions, garlic, ginger, minced meat and boiled egg.	
54. Bengal Special Massala	£8.45
Cheese, green chilli, coriander and onions covered with diced chicken, cooked in special chilli sauce.	
55. Buttered (Hot) (Chicken/Lamb)	£7.85
Boneless tandoori Chicken cooked with almonds and a special creamy butter sauce.	
56. Chef's Special	£7.85
Prepared with chicken, meat, prawn and mushroom in a special curry sauce topped with cucumber and tomatoes.	
57. Chilli Massala (Beef/Chicken/Lamb/Prawn)	£7.95
Cooked with fresh green chilli, green peppers, onions and tomatoes, nogo pickle.	
58. Dansak (Beef/Chicken/Lamb/Prawn)	£7.45
A Persian dish which is sweet and sour, cooked with lentils and pineapple.	
59. Dupezoa (Beef/Chicken/Lamb/Prawn)	£7.45
A medium hot, dry dish cooked with onions, green peppers, spices, coriander and fresh herbs.	
60. Exotica (Chicken Tikka/Lamb Tikka)	£8.45
Tikka with chilli sauce is mixed with garlic, tamarind and ginger to make this recipe.	
61. Green Chicken from Goa (Highly flavoured)	£7.95
Chicken cooked with green peppers, coriander, tomatoes and fresh garden mint with our own recipe.	
62. Jalfreizy (Chicken/Lamb Tikka)	£7.85
A fairly hot dish consisting of onions, tomatoes and green peppers.	
63. Kashmiri (Mild) (Chicken/Lamb)	£7.45
Cooked in butter with cream, banana, nuts and sultanas	
64. Korma (Very Mild) (Beef/Chicken/Lamb/Prawn)	£7.45
Delicate preparation consisting cream sauce, butter, nuts and sultanas	
65. Lanka (Chicken/Lamb Tikka)	£7.95
Cooked with yoghurt, oriental chillies and other delicate herbs and spices	
66. Light of Bengal Special	£10.95
Mixed Biryani consisting quarter tandoori chicken, chicken tikka and lamb tikka topped with salad, served with vegetable curry sauce.	
67. Makonwala (Mild Dish)	£8.95
(Beef/Chicken/Lamb/Prawn) Prepared in ghee, cheese and cream.	

68. Masala (Medium) (Chicken Tikka/Lamb Tikka)	£7.95
Cooked with a separate sauce which is made up of spices, coconut, almond and herbs which is grilled in the clay oven afterwards.	
69. Modhu (Chicken/Lamb)	£7.95
Chicken rolls marinated in herbs and spices cooked in Tandoori. Sweet dish topped with honey.	
70. Mollikasha (Chicken/Lamb)	£7.95
Slightly hot dish cooked with tomatoes, garlic, mixed pickle and herbs.	
71. Murgi Masala	£8.75
Boneless tikka chicken cooked with minced meat, onion, capsicum, coriander and tomatoes.	
72. Nawabi (Chicken/Lamb)	£8.45
Chef's special masala marinated overnight, cooked with coriander leaves and sliced almonds	
73. Posando (Chicken/Lamb)	£7.85
Tender pieces of chicken/lamb tikka consisting of yoghurt, coconut and almonds.	
74. Rogan Josh	£7.45
(Beef/Chicken/Lamb/Prawn) Medium spiced dish is cooked with butter and topped with juicy tomatoes.	
75. Rum Masala (Chicken Tikka/Lamb Tikka)	£9.95
Cooked in chef's special selected sauce with Rum.	
76. Saagwala (Chicken/Lamb/Prawn)	£7.95
A highly flavoured dish cooked with spinach	
77. Shahi Chicken (Mild)	£8.45
Boneless chicken tikka is cooked in butter with cream, lychee, nuts and herbs.	

CURRY DISHES

Curry dish is basically a medium curry sauce.

78. Curry (Chicken/Lamb/Beef/Prawn)	£6.95
79. Tikka Curry	£7.45

ENGLISH DISHES

All English dishes are served with french fries and salad.

80. Chicken Nuggets (Child's Portion)	£5.50
81. Fried Scampi	£7.95
82. Omelette	£7.50
(Chicken/Mushroom/Prawn)	
83. Prawn Salad	£7.50
84. Rosti Chicken	£10.45
Indian style rosti chicken in spice, served with chick peas, potatoes, onions and mushrooms.	
85. Rosti Lamb Chops	£11.95
Indian style rosti lamb in spice, served with chick peas, potatoes, onions and mushrooms.	
86. Sirloin Steak	£11.95
87. Steak Masala	£12.95
Spiced steak served with mushrooms and fried eggs	

GARLIC DISHES

A medium hot dish grilled over charcoal, cooked with herbs and spices and garnished with lots of garlic.

88. Garlic (Chicken/Meat/Prawn) £7.95
89. Tikka Garlic £8.25

KING PRAWN DISHES

90. King Prawn Balti £10.95
91. King Prawn Bhuna £10.95
92. King Prawn Chilli Masala £10.95
93. King Prawn Curry £10.95
94. King Prawn Dansak £10.95
95. King Prawn Dupeaza £10.95
96. King Prawn Garlic £10.95
97. King Prawn Jalfreizy £10.95
98. King Prawn Korahi £10.95
99. King Prawn Korma £10.95
100. King Prawn Madras £10.95
101. King Prawn Makanwala £10.95
102. King Prawn Modhu £10.95
103. King Prawn Mushrooms £10.95
104. King Prawn Tikka Masala £10.95
105. King Prawn Pathia £10.95
106. King Prawn Vindaloo £10.95

KORAHİ DISHES

A special tandoori based dish, cooked with onions, tomatoes, capsicum together with fresh masala.

109. Korahi (Chicken Tikka/Lamb Tikka) £7.95
110. Indian Fish Korahi £8.95
111. Mixed Tandoori Korahi £9.45
112. Tandoori Chicken Korahi £7.95

MADRAS DISHES (HOT)

A hot dish with rich gravy cooked with chilli, coriander and lemon which adds a fairly hot taste to its richness.

113. Madras
(Beef/Chicken/Lamb/Prawn) £7.45
114. Tikka Madras £7.75

PATHIA DISHES

Garnished with garlic, onion, tomatoes, capsicum, coriander and lemon juice together to produce sweet, sour and hot taste.

115. Pathia (Chicken/Lamb/Prawn) £7.45
116. Tikka Pathia (Chicken/Lamb) £7.75

SHUKA DISHES

These dishes are sour and a good combination of mango, yoghurt and salkora pickle with medium spices.

117. Shuka (Beef/Chicken/Lamb/Prawn) £7.95

VEGETABLE SPECIAL DISHES (Main)

118. Vegetable Balti £6.45
119. Vegetable Bhuna £6.45
120. Vegetable Curry £6.45
121. Vegetable Dansak £6.45
122. Vegetable Dupeaza £6.45
123. Vegetable Jalfreizy £6.45
124. Vegetable Korahi £6.45
125. Vegetable Korma £6.45
126. Vegetable Madras £6.45
127. Vegetable Masala £6.45
128. Vegetable Pathia £6.45
129. Vegetable Vindaloo £6.45

VINDALOO DISHES (VERY HOT)

Similar to Madras dishes but more chillies are used to create a hotter taste.

130. Vindaloo (Beef/Chicken/Lamb/Prawn) £7.45
131. Tikka Vindaloo £7.75

VEGETABLE SIDE DISHES

Fried in spices, onions, green peppers and tomatoes.

132. Aloo Gobi £3.45
133. Bhindi Bhazi £3.45
134. Bombay Aloo £3.45
135. Brinjal Bhazi £3.45
136. Cauliflower Bhazi £3.45
137. Chana Masala Chick Peas £3.45
138. Curry Sauce £2.95
139. Dahi Raiti Yoghurt with cucumber or onion .. £1.95
140. Dal Samba Spicy lentils cooked with vegetable £3.45
141. Green Salad £2.25
142. Matar Panir Green peas with cheese £3.95
143. Mushroom Bhazi £3.45
144. Saag Aloo Fresh spinach with potatoes £3.45
145. Saag Bhazi Fresh spinach £3.45
146. Saag Panir Fresh spinach with cheese £3.95
147. Tarka Dal Lentils fried in garlic £3.45
148. Vegetable Bhazi Mixed vegetables £3.45

RICE DISHES

149. Boiled Rice £2.25
150. Chono Pilau Rice £2.75
Chick Peas and Basmati Rice
151. Egg Pilau Rice £2.75
Egg with Basmati Rice
152. Kashmiri Pilau Rice £2.75
Basmati Rice with Fruit Sweet.
153. Keema Pilau Rice £2.95
Basmati Rice with minced meat
154. Mushroom Pilau Rice £2.75
Mushroom with Basmati Rice
155. Onion Fried Rice £2.75
156. Pilau Rice Basmati Rice £2.45
157. Special Pilau Rice Egg and Peas £2.75
158. Vegetable Pilau Rice £2.75
Basmati rice and vegetables.

SUNDRIES

159. Assorted Pickles (per tray) £2.50
160. Chapati £1.25
161. Chips £1.95
162. Paratha £1.95
163. Stuffed Paratha £2.45
164. Popadum 70p
165. Spiced Popadum 80p
166. Puri £1.00
167. Cheese Nan £2.50
168. Garlic Nan £2.50
169. Kashmiri Nan £2.50
170. Keema Nan Minced meat £2.65
171. Onion Nan £2.50
172. Peshwari Nan Almond and Sultana £2.50
173. Plain Nan £2.25
174. Stuffed Nan £2.50

DESSERTS

175. Banana Fritter £2.25
176. Banana Split £2.50
177. Ice Cream (Vanilla) £1.95
178. Lychee with Cream £2.50
179. Mango with Cream £2.50
180. Pineapple with Cream £2.50
181. Pineapple Fritter £2.25

SPECIAL COFFEE

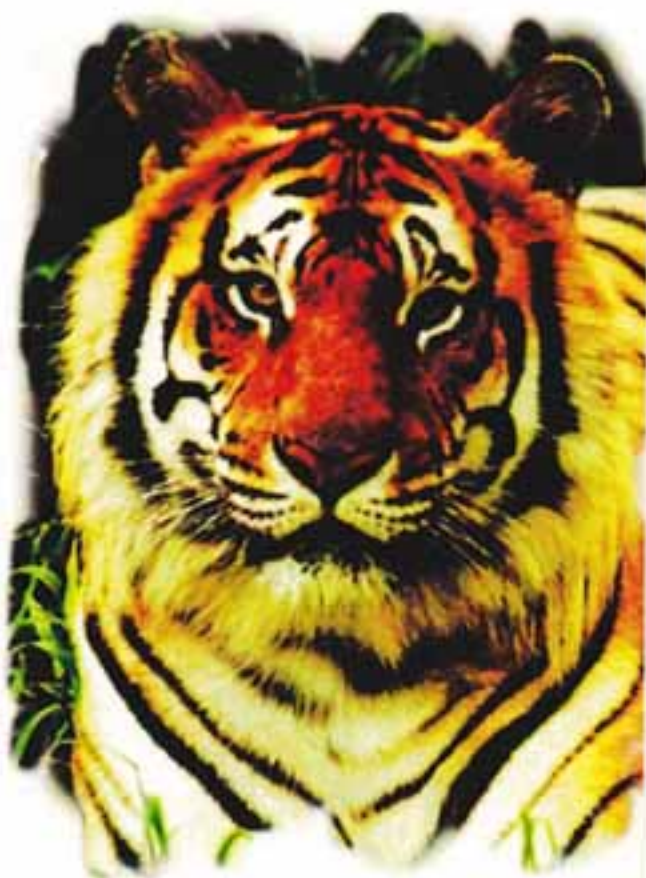
- Any Liquer Coffee £3.25
Brandy Coffee £3.25
Gaelic Coffee £3.10
Coffee with Cream £2.50
Coffee or Tea £1.10

SET MEAL FOR TWO

Popadum(2) with Chutney, Onion Bhozi,
Sheikh Kebab, Chicken Tikka Masala, Lamb
Tikka Korahi, Vegetable Bhozi, Pilau Rice,
Plain Nan, Sweet of the day £31.95

SET MEAL FOR FOUR

Popadum(4) with Chutney, Onion Bhozi (2),
Chicken Tikka (2), Lamb Balti (2),
Chicken Tikka Makonwala (2),
Sag Aloo (2), Pilau Rice(2),
Plain Nan(2),
Sweet of the day £57.95



DRINKS LIST

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|-----|--|--------|
| 1. | CHAMPAGNE | |
| | Moët & Chandon | £38.95 |
| 2. | AUSTRALIAN WHITE: | |
| | Jacobs Creek (Chardonnay) | |
| | White/Red | £13.95 |
| | Rosemont White/red | £13.95 |
| 3. | BORDEAUX RED: | |
| | Claret | £10.95 |
| 4. | BORDEAUX WHITE: | |
| | Muscadet | £10.95 |
| 5. | BURGUNDY RED: | |
| | Beaujolais | £10.95 |
| 6. | BURGUNDY WHITE: | |
| | Chablis (Dry well balanced) | £16.95 |
| | JP Chenet (White/Red/Rose) | £9.95 |
| | Macon Blanc (Dry) | £16.95 |
| 7. | NEW ZEALAND WINE: | |
| | Oyster Bay Red/White | £14.95 |
| 8. | CALIFORNIAN WHITE: | |
| | Zinfandel White/Red | £11.95 |
| | Echo Falls White/Rose/Red | £11.95 |
| 9. | CHILEAN: | |
| | Merlot (Red) | £11.95 |
| 10. | HOCK: | |
| | Liebfraumilch | £9.95 |
| | Piesporter | £9.95 |
| 11. | HOUSE WINE: | |
| | House Wine (White/Red) | £9.95 |
| | Wine by Glass (White/Red) | £2.75 |
| 12. | ITALIAN WINE: | |
| | Austi Spumanti (Sparkling/White) | £11.95 |
| | Chianti (Red) | £11.95 |
| | Pino Grigio (White) | £12.95 |
| 13. | ROSE: | |
| | Mateus Rosé | £10.95 |
| | Rosé Anjou | £10.95 |
| 14. | SOUTH AFRICAN WINE: | |
| | Rouwke's Drift (Chardonnay) | £11.95 |
| 15. | SPANISH WINE: | |
| | Faustinov (White/Red) | £13.95 |
| | Rioja (Red) | £11.95 |
| 16. | PORT: | |
| | Crofts Ruby | £2.25 |
| 17. | SHERRY: | |
| | Dry/Medium/Sweet | £2.25 |
| 18. | SPIRITS: | |
| | Bacardi | £2.25 |
| | Brandy (Martel) | £2.25 |
| | Brandy V.S.O.P. (Remy) | £2.75 |
| | Gin | £2.25 |
| | Pernod | £2.25 |
| | Rum | £2.25 |
| | Southern Comfort | £2.25 |
| | Vodka | £2.25 |
| | Whisky | £2.25 |
| 19. | VERMOUTH: | |
| | Comari | £2.25 |
| | Cinzano Bianco | £2.25 |
| | Dubonnet | £2.25 |
| | Martini Dry | £2.25 |
| | Martini Sweet | £2.25 |
| 20. | DRAUGHT LAGERS: | |
| | Bitter (Pint) | £2.95 |
| | Bitter (Half) | £1.85 |
| | Carlsberg (Pint) | £2.95 |
| | Carlsberg (Half) | £1.85 |
| | Cobra (Indian) Pint | £3.75 |
| | Cobra (Indian) Half | £2.10 |
| | Kingfisher (Indian) Pint | £3.75 |
| | Kingfisher (Indian) Half | £2.10 |
| 21. | BOTTLED BEERS: | |
| | Bangla (660ml) | £4.70 |
| | Becks | £2.45 |
| | Budweiser | £2.60 |
| | Cider (Half) | £1.85 |
| | Cobra | £2.65 |
| | Cobra (Non alcohol) | £2.65 |
| | Kingfisher | £2.65 |
| | Stella | £2.50 |
| | Tiger (Large) | £4.70 |
| | Tiger (330ml) | £2.65 |
| 22. | LIQUEURS: | |
| | Baileys Irish Cream | £2.25 |
| | Benedictine | £2.25 |
| | Cherry Brandy | £2.25 |
| | Cointreau | £2.25 |
| | Crème de Menthe | £2.25 |
| | Drambuie | £2.25 |
| | Grand Marnier | £2.25 |
| | Malibu | £2.25 |
| | Sambuca | £2.25 |
| | Tia Maria | £2.25 |
| 23. | MINERALS ETC (by the glass) | |
| | J20 | £1.95 |
| | Bitter Lemon | £1.65 |
| | Coca Cola | £1.65 |
| | Ginger Ale | £1.65 |
| | Lemonade | £1.65 |
| | Orange Juice | £1.65 |
| | Perrier Water | £1.65 |
| | Pineapple Juice | £1.65 |
| | Soda Water | £1.65 |
| | Tonic Water | £1.65 |
| | Yoghurt Lassi (by the jug) | |
| | (mango flavour) | £5.50 |